

2017 QSN and TTQ Public Classes

CLASS DATES/TIMES ARE SUBJECT TO CHANGE

Call to Pre-Register

850-398-6965 / 1-877-678-6766

Updated January 2017 NML

Escambia County:

Sacred Heart Health Systems (Pensacola) Education Dept, 5225 Carmel Heights Drive

Quit Smoking Now

Mondays 6:00pm-8:00pm	January 23 -- February 27, 2017
Thursdays 10:00am-12pm	January 19 -- February 23, 2017
Mondays 6:00pm-8:00pm	March 13 -- April 17, 2017
Thursdays 10:00am-12pm	March 16 -- April 20, 2017
Mondays 6:00pm-8:00pm	May 1 -- June 12, 2017
Thursdays 10:00am-12pm	May 11 -- June 15, 2017
Mondays 6:00pm-8:00pm	August 7 -- September 18, 2017
Thursdays 10:00am-12pm	August 11 -- September 15, 2017
Mondays 6:00pm-8:00pm	October 9 -- November 13, 2017
Thursdays 10:00am-12pm	October 13 -- November 17, 2017

Department of Health – Escambia County (Pensacola) 1295 W Fairfield Drive

Quit Smoking Now

To Be Determined

Tools to Quit

Thursday 5-7:00pm	January 19, 2017
Thursday 5-7:00pm	February 16, 2017
Thursday 5-7:00pm	March 16, 2017
Thursday 5-7:00pm	April 20, 2017
Thursday 5-7:00pm	May 18, 2017
Thursday 5-7:00pm	June 15, 2017
Thursday 5-7:00pm	July 20, 2017
Thursday 5-7:00pm	August 17, 2017
Thursday 5-7:00pm	September 21, 2017
Thursday 5-7:00pm	October 19, 2017
Thursday 5-7:00pm	November 16, 2017
Thursday 5-7:00pm	December 21, 2017..... tentative

Pathways for Change - The Family Center - Escambia County (Pensacola) 2050 West Blount Street

Tools to Quit

Mondays 10:00am-Noon	January 9, 2017
Mondays 10:00am-Noon	January 23, 2017

Escambia Community Clinic (Pensacola) 14 West Jordan Street

Tools to Quit

Tuesdays 2:00pm-4:00pm	January 24, 2017
Tuesdays 2:00pm-4:00pm	February 28, 2017
Tuesdays 2:00pm-4:00pm	March 28, 2017

West Florida Hospital (Pensacola) Rooms A & B, 8383 N Davis Hwy, Contact: Jo Vollmer 850-494-4927

Location of all the classes for 2016 will be held in the Cardiac Rehab Department. Cardiac Rehab is located at the rear of West Florida Hospital next to the Emergency Room. Pre-Registration is required at 850-494-3212. Class limit size is 12 participants.

Quit Smoking Now

Tuesdays 4:00pm

January 10-February 14, 2017

Tuesdays 4:00pm

July 5-- August 8, 2017 * First class on a Wednesday and then all following classes on

Tuesdays]

Tuesdays 4:00pm

October 3- November 7, 2017

Florida Blue Center (Pensacola) 1680 Airport Boulevard (Cordova Commons)

Quit Smoking Now

Mondays 9:30am

TBD

Tools to Quit

Monday 9:30am-11:30am

TBD

Monday 9:30am-11:30am

TBD

Baptist Health Care – Healthy Lives (Pensacola) 1901 North E Street (Core Wellness Center), 850-469-6903

**Please have interested participants call The Core Wellness Center DIRECTLY to register for classes.*

Tools to Quit

Saturday 9:00am-11:00am

January 7, 2017

Saturday 9:00am-11:00am

February 4, 2017

Saturday 9:00am-11:00am

March 4, 2017

Saturday 9:00am-11:00am

April 1, 2017

Saturday 9:00am-11:00am

May 6, 2017

Saturday 9:00am-11:00am

June 3, 2017

Saturday 9:00am-11:00am

July 1, 2017

Saturday 9:00am-11:00am

August 5, 2017

Saturday 9:00am-11:00am

September 16, 2017

Cantonment Medical Clinic (Cantonment) 748 N Hwy 29 *CMC patients have priority*

Quit Smoking Now

To Be Determined

University of West Florida (Pensacola) 11000 University Parkway, Building 960, Room 258

Tools to Quit

Monday 11:00-1:00pm

January 9, 2017

Monday 11:00-1:00pm

February 13, 2017

Monday 11:00-1:00pm

March 13, 2017

Monday 11:00-1:00pm

April 10, 2017

Monday 11:00-1:00pm

May 15, 2017

Monday 11:00-1:00pm

June 12, 2017

Monday 11:00-1:00pm

July 10, 2017

Monday 11:00-1:00pm

August 14, 2017

Monday 11:00-1:00pm

September 11, 2017

Monday 11:00-1:00pm

October 9, 2017

Monday 11:00-1:00pm

November 13, 2017

Monday 11:00-1:00pm

December 11, 2017

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Santa Rosa County:

Department of Health – Santa Rosa County (Milton) 5527 Stewart Street

Quit Smoking Now

Thursdays 5:30pm	January 12- February 16, 2017
Thursdays 5:30pm	March 2- March 30, 2017
Thursdays 5:30pm	April 20-May 25, 2017
Thursdays 5:30pm	June 8-July 13, 2017
Thursdays 5:30pm	July 27-August 31, 2017
Thursdays 5:30pm	September 14- October 19, 2017
Thursdays 5:30pm	November 2- December 7, 2017

Tools to Quit

Thursday 5:00-7:00pm	April 6, 2017
Thursday 5:00-7:00pm	December 14, 2017

Good Samaritan Clinic (Gulf Breeze) 4435 Gulf Breeze Parkway (Hwy 98)

Quit Smoking Now

Wednesdays 11:00am	January 11-February 15, 2017
Wednesdays 11:00am	March 1- March 29, 2017
Wednesdays 11:00am	April 19-May 24, 2017
Wednesdays 11:00am	June 7-July 12, 2017
Wednesdays 11:00am	July 26-August 30, 2017
Wednesdays 11:00am	September 13-October 18, 2017
Wednesdays 11:00am	November 1- December 6, 2017

Tools to Quit

Wednesday 10:00-12:00pm	April 5, 2017
Wednesday 10:00-12:00pm	December 13, 2017

Santa Rosa Medical Center (Milton) 6002 Berryhill Road

[class is held in the MOB on the 3rd floor in the community room]

Quit Smoking Now

Fridays 11:00am	January 13-February 17, 2017
Fridays 11:00am	March 3- March 31, 2017
Fridays 11:00am	April 21-May 26, 2017
Fridays 11:00am	June 9-July 14, 2017
Fridays 11:00am	July 28-September 1, 2017
Fridays 11:00am	September 15- October 20, 2017
Fridays 11:00am	November 3- December 8, 2017

Tools to Quit

Fridays 11:00-12:00pm
Fridays 11:00-12:00pm

April 7, 2017
December 15, 2017

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Okaloosa County:

Fort Walton Beach Medical Center (FWB) 1000 Mar Walt Drive

Quit Smoking Now

Wednesdays 5:30pm	September 14 - October 19, 2016
Wednesdays 5:30pm	November 9 - December 14, 2016
Wednesdays 5:30 pm	January 11 – February 15, 2017
Wednesdays 5:30 pm	March 15 – April 19, 2017
Wednesdays 5:30 pm	May 10 – June 14, 2017
Wednesdays 5:30 pm	July 12 – August 16, 2017
Wednesdays 5:30 pm	September 13 – October 18, 2017
Wednesdays 5:30 pm	November 8 – December 13, 2017

Department of Health – Okaloosa County (FWB) 221 Hospital Drive

Quit Smoking Now

Wednesdays 12:00 pm	January 11 – February 15, 2017
Wednesdays 9:00 am	February 22 – March 22, 2017 (5-week session)
Wednesdays 12:00 pm	April 5 – May 10, 2017
Wednesdays 9:00 am	May 24 – June 28, 2017
Wednesdays 12:00 pm	July 12 – August 16, 2017
Wednesdays 9:00 am	August 23 – September 20, 2017 (5-week session)
Wednesdays 12:00 pm	September 27 – October 25, 2017 (5-week session)
Wednesdays 9:00 am	November 1– December 16, 2017

Twin Cities Hospital – Wellness Center (Niceville) 2190 N Hwy 85

Quit Smoking Now

Tuesdays 5:30 pm	January 10 – February 14, 2017
Tuesdays 5:30 pm	February 21 – March 21, 2017 (5-week session)
Tuesdays 5:30 pm	April 4 – May 9, 2017
Tuesdays 5:30 pm	May 23 – June 27, 2017
Tuesdays 5:30 pm	July 11 – August 15, 2017
Tuesdays 5:30 pm	August 22 – September 19, 2017 (5-week session)
Tuesdays 5:30 pm	September 26 – October 24, 2017 (5-week session)
Tuesdays 5:30 pm	October 31 – December 5, 2017

Crestview Health Center (Crestview) 800 Hospital Drive

Quit Smoking Now

Wednesdays 5:00pm	February 1, 2017
Wednesdays 5:00pm	March 29, 2017
Wednesdays 5:00pm	May 24, 2017

Tools to Quit

Wednesday 5:00-7:00pm	January 11, 2017
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West Florida AHEC (Crestview) 1455 S Ferdon Boulevard

Tools to Quit

Department of Health – Okaloosa County (Crestview) 810 E James Lee Boulevard

Tools to Quit

Thursdays 10:00am	January 26, 2017
Thursdays 10:00am	April 13, 2017
Thursdays 10:00am	TBD

Tools to Quit

Thursday 10:00-12:00pm	TBD 2017
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North Okaloosa Medical Center (Crestview) 151 E Redstone Avenue

Quit Smoking Now

Mondays 5:30 pm	January 9 – February 13, 2017
Mondays 5:30 pm	March 13 – April 17, 2017
Mondays 5:30 pm	May 8 – June 12, 2017
Mondays 5:30 pm	July 10 – August 14, 2017
Mondays 5:30 pm	September 11 – October 16, 2017
Mondays 5:30 pm	November 6 – December 11, 2017

Tools to Quit

JobsPlus (Crestview) 212 Wilson Street North

Tools to Quit

To Be Determined

Crossroads Medical Center (Valparaiso) 444 Valparaiso Road

Tools to Quit

Thursday 12:00-2:00pm

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Walton County:

Sacred Heart Hospital on the Emerald Coast (Miramar Beach) 7800 W Hwy 98

Quit Smoking Now

Wednesdays 5:30 pm	January 11 – February 15, 2017
Wednesdays 5:30 pm	February 22 – March 22, 2017 (5-week session)
Wednesdays 5:30 pm	April 5 – May 10, 2017
Wednesdays 5:30 pm	May 24 – June 28, 2017
Wednesdays 5:30 pm	July 12 – August 16, 2017
Wednesdays 5:30 pm	August 23 – September 20, 2017 (5-week session)
Wednesdays 5:30 pm	September 27 – October 25, 2017 (5-week session)
Wednesdays 5:30 pm	November 1– December 16, 2017

Tools to Quit

Wednesday 5:30-7:30pm	TBD
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Department of Health – Walton County (DeFuniak Springs) 362 Hwy 83

Quit Smoking Now

Tuesdays 5:30pm	January 31 -- March 7, 2017
Tuesdays 5:30pm	March 28 -- May 2, 2017
Tuesdays 5:30pm	May 23 -- June 27, 2017

Tools to Quit

Tuesday 5pm to 7pm	January 10, 2017
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Defuniak Springs Housing Authority – Walton County (DeFuniak Springs)

Tools to Quit

To Be Determined

Community Health Clinic (Freeport) 479 E Hwy 20

Tools to Quit

To Be Determined