

# Veggie Pasta Salad



HealthiestWeight

## Ingredients

- 1 1/3 cup whole wheat rotini pasta, dry
- 3 medium zucchini squash, diced
- 1/2 cup onion, chopped
- 3/4 cup bell pepper, chopped
- 2 cups cherry tomatoes
- 8 oz part-skim mozzarella cheese, cut into cubes
- 1 oz pepperoni of choice, slices cut in half
- 1 cup Italian dressing of choice

## Directions

1. Cook rotini as directed, drain and chill for one hour.
2. Add all vegetables, cheese, pepperoni and chilled pasta to a large mixing bowl. Top with Italian dressing and toss to coat.
3. Refrigerate until ready to serve.

**Nutrition Facts:** Serving Size: Approximately 1 cup; Calories: 220; Total Fat: 9g; Saturated Fat: 3.5g; Sodium: 440 mg; Total Carbohydrate: 23g;

Dietary Fiber: 1g; Added Sugars: 0g; Protein: 10g; Vitamin D: 0mcg; Calcium: 199mg; Iron: 1mg; Potassium: 373mg