

# SHELTER ITEMS CHECKLIST

## FOR SPECIAL NEEDS RESIDENTS

Before an emergency threatens the state, have a plan in place. Preregistration for a Special Needs Shelter is important, encouraged and sometimes required. Go to [FloridaDisaster.org/Shelters](https://www.floridadisaster.org/Shelters) for special needs registration by county. Use this items checklist to prepare for your stay at the shelter.

### Medical Supplies and Equipment

**Pack a five-day supply of all consumable items**

- List of current medications and at least a five-day supply. A seven-day supply is recommended.
- Documentation of medical information. Include provider contact information.
- Cane, folding cane or walker
- Diabetes equipment
  - Glucose meter/strips/lances
  - Insulin and syringes
  - Other insulin supplies
  - Sharps container
- Catheter supplies
- Ostomy supplies
- Nebulizer if needed with operating supplies
- Oxygen supplies
- Wound care supplies
- First-Aid kit
- Batteries and chargers for electrical equipment such as a wheel chair, scooter, etc.
- Repair kit for your electrical equipment
- Any other specialized medical item you may need

### Food

- Non-Perishable foods
- Snacks or other comfort foods. Meals are normally provided at the shelter.
- Special dietary foods if you require them.

### Bedding

**Cots may be provided at the shelter.**

For caregiver or family member(s):

- Air mattress or cot and bedding
- Portable lawn or lounge chair

For client with special needs:

- Cot or air mattress if cot is not provided
- Bedding (sheets, blanket, and pillow)

### Infant Care

- Baby wipes
- Diapers
- Formula and food
- Blankets and other sleeping items
- Prescribed medication
- Toys

### Equipment and Entertainment Items

- Cell phone with charger
- Radio
- Flashlight
- Pair of work gloves
- Rain gear
- Dentures
- Hearing aids with extra batteries
- Extra pair of glasses or dark glasses if medically required
- Reading material, books, games, and magazine etc.
- Small portable video player and videos with extra batteries

### Personal Items

- Body wipes or washcloth and towels
- Brush or comb and deodorant
- Toothbrush, toothpaste, and mouthwash
- Soap, shampoo, and shaving supplies
- Incontinence supplies
- Shoes—especially specialty ones
- Undergarments and socks
- Extra clothing
- ID with current address
- Important papers, pictures, contacts and a small amount of cash
- Advanced legal directives: will, DNR, Power of Attorney

### Service Animal Supplies

- Food, dishes, and medicines
- Plastic bags, disposable gloves and other similar items
- Toys

### Items not normally allowed in the shelter

- Pets (except for service animals: dogs). Proof of vaccinations may be required.
- Firearms or weapons
- Alcoholic beverages or illegal drugs
- Perishable food items

