



CHRONIC DISEASE SELF-MANAGEMENT

LIVING WITH CHRONIC CONDITIONS

Informational On-line Webinar

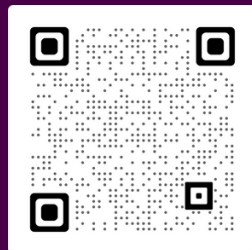
During National Minority Health Month, join us and learn how to implement the evidence-based Chronic Disease Self-Management workshop in your community.

It is imperative to educate and empower our communities to learn how to self-manage their chronic conditions. Millions of adults live with one or more chronic health conditions. How these people manage their conditions on a day to day basis greatly determines their quality of life. Learn how to initiate the Chronic Disease Self-Management Workshops in your community. Contact Peggie Burgess at (407) 797-7561 for more information.

April 5, 2023

10:00 AM - 11:00 AM EST

Scan the QR code to register



<https://buff.ly/3ZEbEmu>

**Who Should Attend
this FREE Webinar:**

- **Minority Health Liasons and DOH staff**
- **Community Health Providers and Partners**
- **Community Health Workers (CHWs)**

**HEALTHY COMMUNITIES
BUILD A HEALTHIER FLORIDA**

