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INAUGURAL 'SPRING INTO HEALTH' EVENT IN CELEBRATION OF NATIONAL MINORITY HEALTH MONTH



Contact:

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Pensacola, Fla. – In observance of National Minority Health Month, the Florida Department of Health in Escambia County (FDOH-Escambia) is hosting the first annual *Spring into Health* Event. The event aims to raise awareness about minority health and highlight the importance of making health a priority today. The event is open and free to the public.

What: Inaugural *Spring into Health* Event

When: Saturday, April 9, 2022, from 10:00 a.m. to 1:00 p.m.

Where: Marie K Young Wedgewood Community Center: 6405 Wagner Rd, Pensacola, FL 32505

The *Spring into Health* Event will feature free health screenings, chronic disease education, cooking demos, and more. Event attendees will learn ways to maintain good health and those who visit each vendor will receive a prize, while supplies last.

The U.S. Department of Health and Human Services Office of Minority Health recognizes the month of April as National Minority Health Month. This annual observance highlights the importance of improving the health of racial and ethnic minorities and reducing health disparities. Experiences with racism and discrimination can contribute to mistrust of the healthcare system among racial and ethnic minority groups, leading to mistrust of information.

For information about FDOH-Escambia and the *Spring into Health* Event, visit EscambiaHealth.com or follow us on Twitter at [@HealthyEscambia](https://twitter.com/HealthyEscambia).

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