## COMMUNITY INVITED TO WEIGH IN ON TYPE 2 DIABETES IN ESCAMBIA COUNTY



Contact:

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**Pensacola, Fla. –** On March 6, the Community Health Implementation Plan (CHIP) Workgroup is inviting the community to a public forum to discuss the root causes and solutions to type 2 diabetes in Escambia County. This is an opportunity for the community to get involved by contributing ideas, feedback, or resources to address the increasing diabetes burden in our community.

WHAT: Type 2 Diabetes Public Forum

WHEN: Wednesday, March 6, 2019 at 10 a.m. CST

WHERE: West Florida Public Library Conference Room

239 North Spring Street Pensacola, FL 32502

This CHIP workgroup was established in 2016, following the release of the Community Health Needs Assessment (CHNA) to address issues surrounding healthy weight status and food access. This workgroup brings together community organizations and resources to develop actionable goals and objectives for addressing these health priorities in the community. With the new health priorities set in the 2019 CHNA, the focus of this group will be type 2 diabetes.

In Escambia County, FL, 16.4 percent of residents currently have type 2 diabetes, and 9.3 percent of residents have pre-diabetes. Type 2 diabetes is a condition in the body where sugar is not properly processed. If left untreated, it can lead to major medical issues, such as amputation and blindness. Pre-diabetes is a condition of elevated blood sugar, and if left untreated, can become type 2 diabetes.

For information regarding the CHNA or on preventing type 2 diabetes, contact the Communications, Health Education, and Nutrition Division at 850-595-6500 ext. 1811 or visit <a href="https://www.EscambiaHealth.com">www.EscambiaHealth.com</a>.

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