

September 23, 2015

LEARN TO SAVE A LIFE WITH HANDS-ONLY CPR

Contact:

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PENSACOLA, FL – In observance of World Heart Day, the Florida Department of Health in Escambia County encourages everyone to learn Hands-Only CPR. FDOH-Escambia is partnering with Escambia County Emergency Management and the Escambia County Medical Reserve Corps to offer life-saving Hands-Only CPR training to the public at no charge. The training is in accordance with the American Heart Association's Hands-Only™ CPR.

According to the American Heart Association, nearly 383,000 out-of-hospital sudden cardiac arrests occur annually, and 88 percent of cardiac arrests occur at home. CPR can more than double a person's chances of survival, and learning Hands-Only CPR could help you to help save a life. The free training session will last around 20 minutes.

This free training will be provided at these locations, dates, and times:

Saturday, September 26, 2015

Don McCloskey Pensacola Seafood Festival 5K Run/Walk
130 East Government Street (outside of Seville Quarter)
7:30 AM – 10:00 AM

Tuesday, September 29, 2015

Florida Department of Health in Escambia County – Conference Room 302
1295 West Fairfield Drive
11:30 AM – 12:00 PM, 12:30 PM – 1:00 PM

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About the Florida Department of Health

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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